

Level 3 Cobra Breath Intensive "Bliss of Divine Love"

Facilitated by Nayano

October 1-8, 2024 ~ Heartwood Retreat Center in Blue Ridge, Georgia

- ❖ Open your heart to unconditional love
- ❖ Embody intimacy and compassion
- ❖ Enter timeless states where miracles occur



You are invited to apply for the Level 3 course after successful immersion in the Level 2 practices. In this Intensive, you see that life is an opportunity for Divine play and delight as you learn to give and receive unconditional love, experience less of a sense of separateness, hence becoming more available for true intimacy, communication and compassion.

Experience a serenity that is profoundly expanded and yet dynamically grounded. Enter a new phase of relationship based on love rather than need. **Receive the Third Level Cobra Breath Initiation.**

This course includes the powerful Tibetan Rebirth Process and Sacred Maithuna Ritual.

. It is recommended that you have at least 6 months of consistent practice of the Level 2 Cobra Breath and Symbol Card Meditation before applying for the Level 3. To assess your readiness, we ask that you complete the self-evaluation below at least 3 months before the workshop.

Self Reflection:

Begin with self-reflection based on the following criteria. Then write a short letter to Nayano at: beachvegan@bellsouth.net Personal interview required in application process.

1. Consistent Cobra Breath practice.
2. Regular Symbol Cards practice so that the lower chakras feel open. (if you wish, you can obtain a pendulum reading from Bodhi to see if the 10-10-10 lower chakra opening and the 400/40 mental/emotional balance has been realized.)
3. Being the Witness (without judgment) of thoughts, sensations, problems, feelings and desires consistently, even in challenging situations.

Limited to 12 Participants ~Early Registration by March 1: \$1875 ~ After March 1: \$1975
Tuition includes lodging, meals & study materials ~ Contact Nayano: beachvegan@bellsouth.net