

IPSALU TANTRA KRIYA YOGA

LEVEL 1 COBRA BREATH INTENSIVE

with Katerina Foltova & Sister Tibebwa Selassie



“LEARNING TO LIVE IN BLISS” ~ DISCOVER YOUR MAGNIFICENCE

YOU WILL LEARN TO:

- Connect your sexual energy with spirituality & expand your heart.
- Transmute sexual energy to rejuvenate the body & stimulate creativity.
- Create and deepen relationships.
- Prepare to awaken Kundalini safely using Cobra Breath.
- Express both the shadow and light sides of your divine humanness.
- Surrender to removing energetic blocks at a cellular level in your body & heal stored emotions.
- Open yourself to manifest your heart’s longing.

August 30 – September 2, 2019 ~ Near Berlin, Germany

Friday 7:30-10:30pm, Saturday 9am-7:30pm, Sunday 9am-7:00pm

Residential Retreat ~ Tuition includes lodging, meals & study materials

Early Registration: 333 Euro / After 6th of June: 380 Euro / Graduate: 300 Euro

30 Euro discount for Couples booking together

To Register: berlincobrabreath@gmail.com