

Ipsalu Level 2 Cobra Breath “Bliss of Inner Union”



September 19-24, 2020

Brave Earth Retreat ~ Costa Rica

Facilitated by **Nayano**

- ❖ Break through the erroneous beliefs that underlie your limited self-image
- ❖ Rediscover your innocence & spontaneity
- ❖ Release yourself from bondage to self-sabotaging emotional patterns
- ❖ Find true satisfaction in your work & play
- ❖ Recognize the God or Goddess in yourself, a partner & in every being

You will receive Second Level Cobra Breath in a self-initiation. One breath produces the spiritual growth that normally takes an entire year. You must have practiced First Level Cobra Breath at least 40 days before receiving Second Level.

Level 2 begins at 6pm on September 19, and ends with lunch on September 24.

Tuition ~ Early-bird: \$600 ~ After July 1: \$650 ~ **Deposit required to hold your space**

Lodging & Meals Separate: Choose from a variety of room options & prices when you register

****OPTIONAL:** Extend your stay 2 extra nights (ending Sept 26) for relaxation, sharing practice and optional Costa Rican excursion for only lodging, food and excursion costs.

Workshop limited to 16 participants - Register Early!

To register: info@ipsalutantra.org

This workshop is taught in English

This intensive clears the issues that keep your sexual energy from flowing freely. You move past attitudes toward the opposite sex that keep you from actualizing your own opposite sex qualities. You learn to use the “problems” in relationships as opportunities to heal your wounded inner child, releasing blocked energies in the lower chakras while addressing and resolving the past. By using Witness Consciousness and the power of orgasmic energy, you quickly move through old limitations to greater joy and fulfillment.