

Ipsalu Tantra International Presents:
Learning to Live in Bliss
Level 1 Cobra Breath Initiation

June 27 – 30, 2021

Private Chateau near Lyon, France

with Ipsalu's Senior Teacher: Nayano



"LEARNING TO LIVE IN BLISS" ~ DISCOVER YOUR MAGNIFICENCE
YOU WILL LEARN TO:

- * Connect your sexual energy with spirituality & expand your heart.
- * Transmute sexual energy to rejuvenate the body & stimulate creativity.
 - * Create and deepen relationships.
 - * Prepare to awaken Kundalini safely using Cobra Breath.
- * Express both the shadow and light sides of your divine humanness.
- * Surrender to removing energetic blocks at a cellular level in your body & heal stored emotions.
 - * Open yourself to manifest your heart's longing.

+ This is a special 3-night retreat with bonus session on last morning.

Participants have the option to stay the rest of the week (July 1-4) to participate in the first Ipsalu Festival in Europe. Participants of the L-1 will have 1-free night lodging before the festival begins & a \$50 discount off Festival tuition!

You will have the opportunity to meet our beautiful EU teaching team, and play in the bliss together!

Payment Information ~ Tuition and Venue Costs are paid separately:

Level 1 Cobra Breath Retreat Tuition:
350 US dollars person

Contact Nayano: beachvegan@bellsouth.net

Venue Lodging & Meals:
280 Euros person

Contact Annick:
annick@herve.com

To see the retreat venue:
<http://www.herve.com/hameau-en>