

Ipsalu Tantra Kriya Yoga

Level 2 Cobra Breath ~ *“Bliss of Inner Union”*

August 17-21, 2022 ~ Heartwood Retreat Center in Blue Ridge, GA

Tuition is \$1275, and includes lodging, meals & study materials ~ (Discount for L2 Grads)

Facilitated by Nayano ~ with Saran Love leading the men’s group

Experience this transformational workshop in a supportive family setting - living together in a beautiful mountain retreat center

- ❖ Break through the erroneous beliefs that underlie your limited self-image
- ❖ Rediscover your innocence & spontaneity
- ❖ Release yourself from bondage to self-sabotaging emotional patterns
- ❖ Find true satisfaction in your work & play
- ❖ Recognize the God or Goddess in yourself, a partner & in every being



You will receive Second Level Cobra Breath in a self-initiation. One breath produces the spiritual growth that normally takes an entire year. You must have practiced First Level Cobra Breath at least 90 days before receiving Second Level.

Level 2 begins at 2pm on August 17, and ends with lunch on August 21

Deposit of \$375 holds your space

Workshop limited to 16 participants - Register Early!

Full payment due July 30, 2022 Cancellation policy applies

To register, contact Nayano at Beachvegan@bellsouth.net

This intensive clears the issues that keep your sexual energy from flowing freely. You move past attitudes toward the opposite sex that keep you from actualizing your own opposite sex qualities. You learn to use the “problems” in relationships as opportunities to heal your wounded inner child, releasing blocked energies in the lower chakras while addressing and resolving the past. By using Witness Consciousness and the power of orgasmic energy, you quickly move through old limitations to greater joy and fulfillment.

If the workshop is canceled due to Covid19 there will be a 100% Refund