

Vedanta

Spiritual & Holistic Retreat

PH: 661 548 6424 Website: www.VSHR.ORG

“Bliss of Inner Union”

- a luxury retreat for couples' intimate connection

Ipsalu Level 2 Cobra Breath Couple's Intensive

With Senior Ipsalu Teacher: Nayano

7 days / 6 nights of Bliss ~ March 12-18, 2023



Experience the deep transformational processes of this workshop in a supportive family setting - living together in a beautiful mountain retreat center



- ❖ Break through the erroneous beliefs that underlie your limited self-image
- ❖ Rediscover your innocence & spontaneity
- ❖ Release yourself from bondage to self-sabotaging emotional patterns
- ❖ Find true satisfaction in your work & play
- ❖ Recognize the God or Goddess in yourself, a partner & in every being

This intensive workshop clears the issues that keep your sexual energy from flowing freely. You move past attitudes toward the opposite sex that keep you from actualizing your own opposite sex qualities. You learn to use the “problems” in relationships as opportunities to heal your wounded inner child, releasing blocked energies in the lower chakras while addressing and resolving the past. By using Witness Consciousness and the power of orgasmic energy, you quickly move through old limitations to greater joy and fulfillment.

You will receive Second Level Cobra Breath in a self-initiation. One breath produces the spiritual growth that normally takes an entire year. You must have practiced First Level Cobra Breath at least 90 days before receiving Second Level.

This exclusive retreat is limited to 6-7 couples

Tuition includes Lodging, Organic Meals & Study Materials:

\$5975 per couple / \$5575 early registration special by November 1, 2022

Questions: Nayano Burdine beachvegan@bellsouth.net **Registration:** Deepak deepak@vshr.org