

# Ipsalu Level 4 Cobra Breath *Bliss of Cosmic Union*

Beautiful Seaside Venue in Mani, Greece

June 29 – July 3, 2023



Level 4 Cobra Breath opens you from the microcosm to the macrocosm, connecting the depths of earth and eternities of heaven.

Experience the evolution of the Level 4 Cobra Breath workshop including the same powerful practices and techniques, but at a more relaxed pace that includes sharing circles and Transcendental White Ceremony.

Pre-requisites:

\* Cobra Breath Level 3

\* 1 year of consistent L3 daily practice

\* application process with Nayano

Contact Nayano at: [beachvegan@bellsouth.net](mailto:beachvegan@bellsouth.net) for Application

Level 4 Tuition includes Lodging, Meals & Study Materials:

\$1450 person

Once your application has been approved, you will receive the registration information.